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THE HEART AND HANDS OF JESUS IN OUR WORLD TODAY

Six and a half billion people populate this earth.
Many find it difficult to comprehend this number. And yet, millions live in poverty, have cancer, are abused – the list exceeds the average individual's attention span by far.

So how are we adolescents – the new generation – supposed to change the world, turn people to face God, fulfill the world's impossibly high expectations of us?

Focus on a single person. If they were to change their ways, act out with kindness, picture the impact they'd have on the world.

Imagine: a teenager wakes up one morning and decides to do something considerate – anything from volunteering at a soup kitchen to being extra courteous to family members. Let's say friends join in. Soon there's a whole team of teenagers helping out in the community. Families mended, the elderly assisted... Word spreads. Other neighborhoods end up the same way. Kindness becomes publicly promoted and goes to the extent of the entire city.

Friends across the country get the idea. Word spreads faster. The kindness chain reaction, heard of all over the nation, gets other teenagers thinking.

**After seeing the results of one person, who knows?
It can start with one kid. Then family. Friends. Community. City.
State. Country. World. And there we have it!**

The funny thing is, that one kid who reaches out and gives the gift of kindness won't even know that it was they who changed the world.

**And who will that individual be? You, me... Why not?
All one must do to qualify is reach out with kindness.**

**A journey of a thousand miles begins with a single step.
So why can't a task of immense proportion
– healing our damaged world with just our hands and our hearts –
begin with a small act of kindness?**