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Honorable Mention

### THE HANDS AND HEART OF JESUS

I can incorporate being the hands and heart of Jesus in my daily life by not judging people. Jesus looked at everyone with equality and that is one reason why he has been a huge inspiration in my life and so many other lives. People in our modern world think of a basketball star as being more important than the man who works in a fast food restaurant. If we followed Jesus' actions, we would know that the famous basketball star has just been more blessed than the fast food employee.

Another way I can be the hands and heart of Jesus is putting other people before myself. Jesus did not think ME when he was sacrificing himself for the sake of the world. If we were even a portion as gracious as Jesus was, then the world would be a much better place. One thing that bothers me is the fact that some people aren't willing to help other people because of their own needs. That does not mean that people do not choose to do the right thing. A term I like is free will. A couple weeks ago I saw an unfortunate old man with groceries on the side of Ingles asking for a ride. Then I saw a few college students pull up in their car and give him a ride. This is an example of when free will can be used in a good, inspiring way.

One of the most challenging things that people today can't overcome is standing up for what they believe in. Teenagers especially have problems giving in to peer pressure. Jesus did not care what people said about him because he just cared about preaching the Good News of the Lord above.

One of the best examples I can think of incorporating being the hands and heart of Jesus in my daily life is following the Boy Scout Oath and Law. This is the Boy Scout Oath: On my honor, I will do my best to do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight. This is the Boy Scout Law. A Scout is trustworthy, loyal, helpful, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent. To me, following these guidelines is one of the best ways to incorporate being the hands and heart of Jesus in my daily life.

Following the Ten Commandments is also a fantastic way to be the hands and heart of Jesus, but most anyone reading this paper should know them. I don't know if this essay is the way Jesus would put it, but I am absolutely sure that He would agree with my opinions.